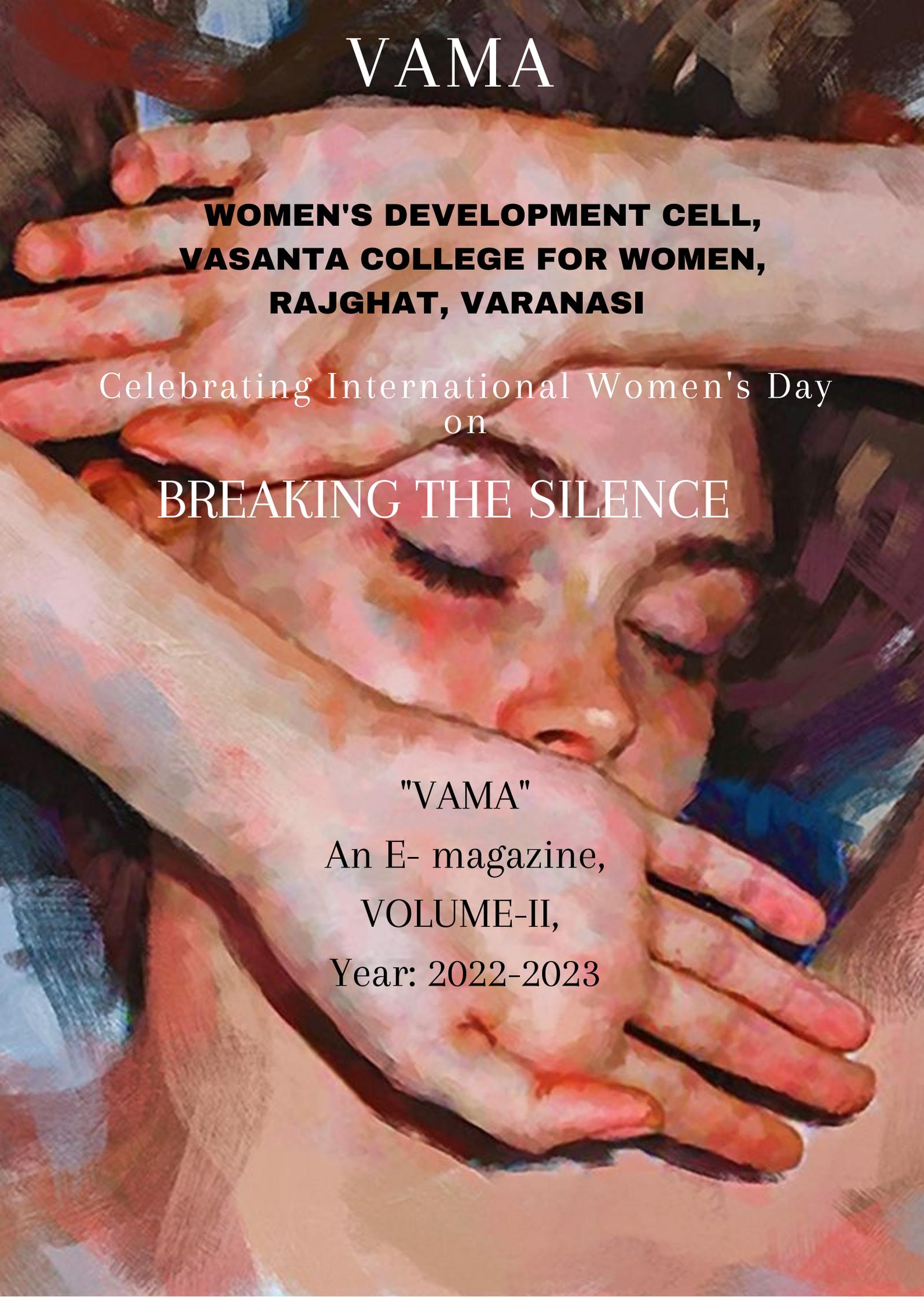




'BREAKING THE SILENCE'

Vasanta College for Women, KFI, Rajghat, Varanasi



VAMA

**WOMEN'S DEVELOPMENT CELL,
VASANTA COLLEGE FOR WOMEN,
RAJGHAT, VARANASI**

Celebrating International Women's Day
on

BREAKING THE SILENCE

"VAMA"

An E- magazine,

VOLUME-II,

Year: 2022-2023

WOMEN'S DEVELOPMENT CELL AT A GLANCE

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From The Principal's Desk

I am extremely happy and proud of the Women's Development Cell of the College for launching the Volume 2 of the E-Magazine VAMA on the occasion of International Women's Day. This gives a platform to students' creativity and reflects their thoughts, opinions, aspirations and vision for the future. All the faculty members and student representatives of Women's Development Cell have indeed done hard work and a commendable job. I am sure the forthcoming issues with each passing year will take the talent of students to the advance level. I appreciate the initiative and look forward to the forthcoming issues. With best wishes...

Prof. Alka Singh

Principal

Vasanta College for Women

Krishnamurti Foundation, India

Rajghat, Varanasi

Coordinator's Note

I am happy to present before you the Second Volume of our Annual e-magazine VAMA which is fully a students' initiative, where they manage everything from inviting and collecting write-ups to editing and designing under the supervision of faculty members.

'Breaking the Silence', the theme of the magazine for year 2023, is very aptly chosen. Despite years of struggle for making of a gender just society - from the First to Fourth (or may be Fifth) Wave of Feminism, where a lot has been written and spoken, but still there are many stories of silent pain, agony, fear, suffering, rejection and non-recognition which are yet to be spoken. This suffocating silence needs to be broken. As Audre Lorde rightly puts: 'My silence has not protected me. Your silence will not protect you'. Many episodes of exploitation would not have happened had the victims or those around them had known the power of speaking up and chosen to break their silence . Emphasizing the need for breaking the silence, Lorde again writes: ' What are the words you do not have? What do you need to say? What are the tyrannies you swallow day by day and attempt to make your own, until you will sicken and die of them, still in silence.'

The e-magazine aims at making the young students to reflect, argue, question and pen down their thoughts. I congratulate all those students who have contributed their write-ups and have chosen to write on issues and experiences which remained silent for a long time. The vibrant editorial team, indeed, deserve special appreciation for meticulously editing and designing the present volume of VAMA. I also express my deep gratitude to our Principal for all her guidance, support and encouragement.

Dr. Preeti Singh, Coordinator, Women's Development Cell

BREAKING THE SILENCE

1. Joyashree Dey, M.A. English Literature (First Year)

"I am a human too"



There comes a point in every woman's life where they may feel forced to choose between their career or family. However, sometimes the dilemma is between prioritizing mental health or the job they worked hard for all their life. It takes a lot of courage to let go, for one's own well-being. This begs the question: is success that comes at the price of physical and mental health worth it and when is the right time to let go? In recent events, the Prime Minister of New Zealand, Jacinda Ardern, resigned and stepped down as the Labour Party leader. During her announcement, the world's youngest female head of government stated, "I am human... We give all that we can for as long as we can. And then it's time. And for me, it's time." Similarly, Naomi Osaka also prioritizes her mental health, which is far more important than her successful world Grand Slam status and historic wins on the tennis court. It all started with her decision to skip post-game press conferences and ended with her withdrawal from the French Open 2021, citing depression and social anxiety. The 23-year-old tennis star's decision has sparked a controversial conversation around her commitment to the sport, which is under high global scrutiny. This raises the question: must mental health challenges professed by someone- anyone, even if she is a title-holding player- become debate fodder? Should Osaka's choice be subjected to such intense public scrutiny? Should a young woman be penalized for prioritizing her well-being over work?

These young women, like Jacinda Ardern and Naomi Osaka, are setting examples by breaking the silence for future generations to normalize and prioritize mental health over anything, be it career or family.

2.Pranjali Mishra, B.A. Psychology (Second Year)

"She believed she could, so she did"



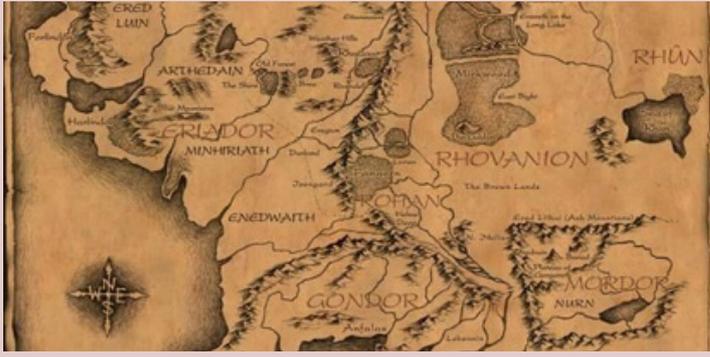
Women! Whenever you hear this word what comes to your mind, what do you feel? A soft-hearted lady who is kind, and humble? Who cares for all, but herself? Who is working the whole day inside out simply to make everyone feel happy? Isn't it? If this is what comes to your mind, are you happy with the societal, stereotypical definition of women? Does it sound good to you? Don't you think the definition needs some necessary changes? Let's figure out the reason behind the same definition.

Whenever we try to do anything for ourselves, it is objected to by the male members of our families, societies, and many unknowns. After that, what do we do? We simply leave behind our desire and blindly do what is told by the people. This is where we start committing mistakes. We need to acknowledge what is the most important to us. This is the point where we cannot give the remote control of our life to others' hands. Here, we recognize that we are the ones who have contributed our parts beautifully in framing the societal, stereotypical definition of women. We need to understand that some things need to be addressed and we are strong enough to do so.

Know, she believed she could, so she did. This women's day let's take a pledge to **BREAK THE SILENCE**. Let's speak up for ourselves.

3. Janvi Sharma, B.A. Arts (First Year)

'Break the Silence'



Once upon a time, in a small town nestled in the mountains, there lived a little girl named Kiara. She was a reticent and introverted child, who preferred to spend her time reading novels and exploring the natural beauty of the town. Her parents were always worried about her quiet nature, believing that it might hold her back in life. They often pushed her to speak up and be more outgoing.

Despite their efforts, Kiara remained quiet and introspective. As she grew older, she found herself becoming more and more comfortable with her own company. She spent her days wandering the forest trails, listening to the birds and the rustling of the leaves, and letting her imagination run

wild. One day, a group of travellers came through the town, bringing with them news of a great adventure. They were seeking a young person with courage and determination to join them on a journey to a distant land, where they hoped to uncover hidden treasures and ancient secrets.

Kiara's parents were excited by the prospect and urged her to join the group. But she hesitated because she had never been on such an adventure or exploit before. The thought of leaving the safety and tranquility of her hometown filled her with anxiety. However, as the travellers prepared to depart, Kiara found herself drawn to them. She watched as they packed their bags, and something within her began to stir. She realized that the quiet strength she had always possessed might just be what they needed on their journey. Without uttering a single word, Kiara slipped away from her parents and joined the group. They set out on their journey, walking for days and facing many challenges along the way. As they travelled, Kiara discovered that her quiet nature was not a weakness, but her strength. She was observant, able to see things that others overlooked, and her intuition and insight often led the group in the right direction.

4. Aditi Singh Kaushik, M.A. (Second Year)

Anonymous Faces of Resistance



“Despite all the risks, I don’t want students to forget what going to school means. I want them to feel they can still learn. And they should learn.” These words were said by a 21-year-old woman – a former jeweler turned teacher in Afghanistan who runs a secret school in Taliban-ruled Afghanistan. More than two years after the Taliban assumed power, the lives of girls and women of all ages are becoming increasingly precarious by the day, with the emergence of more and more draconian rules by the de-facto administration. Schools were shut down for girls over the age of 12, when the Taliban rose to power. In December 2022, the Taliban banned women from Universities, further restricting women’s right to education and freedom.

Margaret Atwood pointed out that “Women’s war has its own colours, its own smells, it’s own lighting, and its own range of feelings. Its own words.” In this particular context, the war in Afghanistan against women’s freedom and education has yielded faces of resistance – in the form of female teachers and students, who stand in solidarity with each other and fight against the draconian rule. While a more upfront form of defiance has been taking place in the streets of Kabul, with women staging protests against the closure of Universities for women, a more discreet form of the same has been taking place in the secret schools and classrooms of Afghanistan where girls have strived to not quit their right to education.

A journalist working for the Washington Post reported that they made several visits to a secret school in Kabul where 25 girls were being taught different subjects. The classes were being kept short in order to escape any suspicion or discovery at the hands of the Taliban. One of the young girls studying in a secret school expressed to the journalist that she dreams of becoming a pilot. She spoke about the “little representation of women in the aviation sector.”

If these words do not speak resistance, then what does? Resistance comes in a myriad of forms. Girls and women in Afghanistan recognise that silence can also be broken by both loud and discreet acts of resistance. As Afghan women are trying to ensure that a generation of girls isn't left behind, the fact that these brave women are one of the strongest faces of defiance and resistance can never be up for debate.

I write this in the comfort of my living room, unbothered by any threat of being discovered. It does not escape me even for one moment that so much privilege in my life is juxtaposed by so much pain in someone else's.



5. Shambhavi Rai, M.A. English Literature (First Year)

'THAT' kind of girl



In our school days, we all have been warned about those kind of girls,
The ones who find better friends in the gender opposite to their own
The ones who collect all the darkness of misogyny there is and with courage, put it
underneath their eyes
The ones who cannot get a loving and loyal partner but still refuse to give up on love
The ones who cannot wrap their heads around the logic of 'low voice' being a mark of
femininity
The ones who don't hesitate to throw hands with the much deserved
The ones who don't quite know why a certain position to sit can be right.

Those who have active social media accounts,
Who are daring enough to post their pictures in "short dresses" out
The ones who see the second shirt button as just a button, not a dictator of their
character
The ones who add colors to their face as they do to your life.

Though we are all grown ups today,
I remain bothered that
School girls are penalised for expressing themselves,
For having the strength to make their own choices
We all know that, deep down, we all are "that kind of girl"
And it's time we proclaim that THAT isn't a bad thing.

6. Vani Tyagi, M.A. Economics (First Year)

Breaking The Silence



You have a voice so make sure to use it!

Women have a lot to say about social issues faced by them and its time that we start to 'Speak Up'!

Equality in the workspace, fighting against social and racial discrimination, access to the health care, domestic violence and sexual assault – these issues need to be addressed immediately.

Breaking the silence refers to speaking out boldly and honestly about your views about circumstances.

By granting voice to those who have been unheard, 'Breaking The Silence' raises awareness within the community and facilitates necessary conversations that would otherwise remain shrouded in silence due to fear or cultural norms. It doesn't necessarily mean protesting on large grounds, carrying out large campaigns and movements. We should understand that breaking the silence doesn't always require huge gestures. It can be achieved through small but meaningful acts such as calling out problematic behavior, encouraging and inspiring others to speak up, taking a stance at the family dinner table, raising awareness through conversations and by concentrating and experimenting in their local surroundings.

By asking questions, they give themselves and the people around them a chance to think and dialogue about different social issues. They send a powerful message and gather strength to build larger movements.

By taking small steps to challenge the status quo, women strengthen their confidence and demonstrate that they can, and will, make their own decisions. They should be supported and celebrated, for they are the first step towards a much fairer world.

7. Muskan Sharma, M.A. English Literature (First Year)

An Ode to Medusa

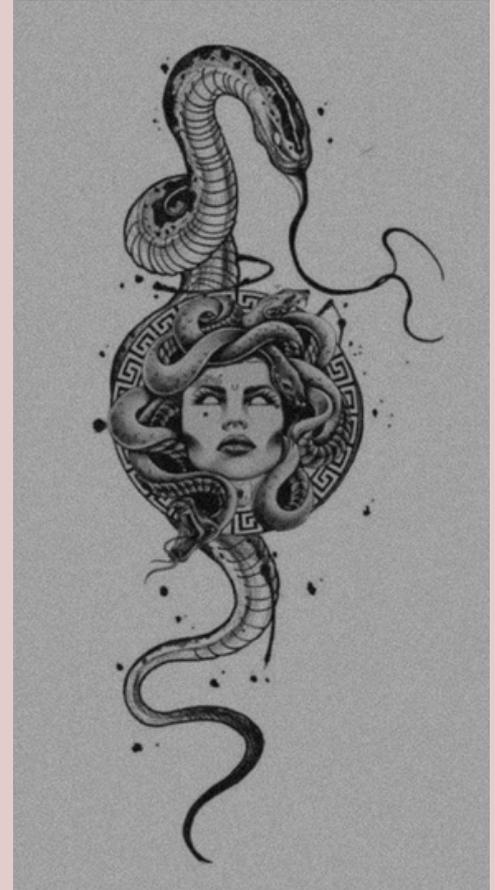
I had settlements some centuries old,
and still no bigger than pinhead mold
on the untouched expanse of
the hailing human horizon

You might have heard that some of
my stories got drowned in tales,
but whether they did or not,
you seemed particularly to unveil

Every day the world looked the same,
as though they had not moved but in
idleness of an unfamiliar game,
my isolation amongst all these
civilizations with whom

I had no point of contact in doom.
My world was collapsing before I could escape,
but the heavens failed to fall upon my head,
as a victim of patriarchal societal norms.

Oh, my dear goddess. How did you go on mournfully?
All your promises scattered in the face of misogyny



I'm like a colorful, courageous, charismatic cosmos,
a charming, consummate nettle that you may come across
once in your lifetime.

My sanity is as delicate as a butterfly cleansing its wings,
and as soft as the predicate of a hummingbird's sing
to itself as a gentle murmuring

The civilization of this orb called me a monstrous fallen
who was raped by Poseidon and cursed by Athena
Nonchalance to see the color of my eyes
is as sincere as the sunrise,
pious as the golden dew of a winter afternoon,
safe as a strong mother's womb

I symbolize rebellion and revolution in a parallel universe,
outside of the expectations of patriarchal society strenuous,
I stand as a reminder to be an unapologetically entity
and fierce in the face of brutality.

I'm a perfect talisman for manifesting and panegyriizing
my inner imperfect side. Yes, I've always recognized
my looks of snakes and the descendant
of ancient chthonic deities of the blue sand

This world is an excellent mindless clone,
guided by time with back-biting and intriguing bone
against each other in a foolish kind of way.

It was as unreal as everything else,
as the philanthropic pretense
of the whole concern.

Dear concrete civilization, you'll find me before you in fables,
blindfolded in temples - smiling, frowning, inviting with brevity,
grand, mean, insane with mute air syllables
of whispering my sincere purity.

This free verse poem deals with the injustice done to a very famous devotee, Medusa. She was liberal to Athena, who was the Olympian goddess of wisdom and war and the adored patroness of the city of Athens.

However, much like most women of ancient mythology, she was a victim of patriarchal societal norms.

8. Tannu Gupta, BA Economics (First Year)



Workplace Harrasment and what to do about it

“Spiteful words can hurt your feelings but silence breaks your heart.”
“Silence isn’t empty, it’s full of answers. Listen to silence. It has much
to say.”

In today's instant and transactional world, is there a place for
morals? It has become an almost absolete idea that no one even
brings up anymore. Political and corporate speeches do not mention
it, and sociald media discussions are more focused on YOLO (you
only live once) than on morals. The word and what it denotes seem
akin to a relic. However, there is still a case for right and wrong in
life, and the need for a moral position, which seems to have
dissipated into thin air with the passing of time.

Sexual harassment is one such instance that needs zero tolerance and an immediate declaration of the moral position of the authorities. This week, we witnessed one of India's leading female wrestlers, Vinesh Phogat, rock the nation by accusing the head honcho of the Wrestling Federation of India (WFI), Brij Bhushan Sharan Singh, of alleged sexual exploitation. Thirty-one wrestlers, including elite ones such as Sakshi Malik, have been protesting, demanding the disbandment of WFI. Wrestlers Bajrang Punia, Ravi Kumar Dahiya, and Deepak Punia also joined their female counterparts, demanding the resignation of the WFI President. Around the same time, and also in the same state, the Haryana Minister of Sports and well-known former hockey player, Sandeep Singh, was accused of sexual harassment by a woman coach. Sexual harassment is so rampant in India, and its concealment so acute, that sometimes it feels like a losing battle, especially for women. However, what further exacerbates the frustration is the silence that ensues. If a powerful man is accused of sexual misconduct, he will try his best to cling to his position. That behaviour would be understandable from a base human being who is devoid of scruples and a conscience. There are very few who would accept the misdemeanour, apologize, repent, and pay. There are many accused around the world who display this moral turpitude, and in India, that number is even higher. Almost every accused quickly denies the allegation, resorting instead to coercion and intimidation, lawyering up to file malicious lawsuits, and in general, further harassing the complainant. And while this farcical drama plays out, there is, of course, pin-drop silence from the higher-ups.

These higher-ups could be corporate bosses or top political leaders, but their silence is universal. As the cries and protests against sexual harassment increase, so does the muteness of the authorities. There is never an immediate suspension, and almost always, the accused carries on in some capacity or the other. Public pressure may force a Union Minister to resign, as we witnessed a few years ago during the #MeToo movement, but they are never really fired. Even when an FIR has been registered, as in the case of Haryana Sports Minister Sandeep Singh, he gave up his portfolio but still retains his ministership.

The silence that follows any allegation of sexual harassment is deafening. It feels almost as if a quiet persuasion or gentle nudging led to the accused giving up their position of authority. Sometimes, as in the case of a recent corporate case of sexual harassment, the victim was served a gag order, which barred her from speaking publicly about the case. The Mumbai-based corporate behemoth took no action against the CXO-level employee against whom the charges were levelled. Even when the internal committee instituted by the company gave the accused a clean chit, the young woman still continued to fight.

After a couple of years of litigation and by the time the criminal FIR was registered last year, it was time for the accused to retire. Even the FIR was registered only due to the tenacious perseverance of the victim. Normally, this would make for an interesting story for the media to pursue, but due in part to the gag order and strong corporate influence, the story was barely reported. And there too, we notice the silence.

Investigation and law must follow due course, but nowadays there is no public statement to decry sexual harassment as a whole. When there are complaints, no party colleague or senior employee will internally or externally criticize the situation. We know that grandiose statements may deliver very little in actuality, but they still offer some assurance to the complainants and other women. "We have zero tolerance for sexual harassment, and the guilty, if proven, shall have their comeuppance" - that's all that we want to hear.

In a country that champions 'Beti Bachao Beti Padhao,' the least that we can do is take that moral stand. Offer women support and courage, and then follow up with action. But before that, declare unequivocally that there is no place for sexual harassment in our company, administration, or government. It's not enough to just preach morals; we need to practice them. It's time to break the silence and take a strong stand against sexual harassment.



9. Ellora Sen, M.A. English Literature (First Year)

She came to on a known bed,
her pants around her ankles.
Her memory quite blurry
but the smell of the sheets,
familiar.

Her body violated and sore,
she stumbled back to her four
walls,
triple-checked the locked door,
and broke down, all alone.

It came to her in bits and pieces
how one drink had led to
another,
a friend's strength had been
surprisingly overwhelming,
his chuckle had turned sinister.

Shame engulfed her
and self-blame burrowed under
her skin.

She couldn't believe that she
wasn't responsible for this pain.



Her accusing finger pointed to a (powerful) man
well-loved in his community
to discredit her words,
they left no stone unturned, grabbed every opportunity.

Nothing came of the court case,
every facet of her picked apart.
The inhumane recount only led to a hardened heart.

She shattered the silence,
put oblivion to rest,
and what was the reward for her courage?
All she achieved was the look in other's eyes
and whispers following her down the hall.
So move beyond apathy
and rise to action,
scream into the void,
it's better than inaction.



11. Megha Dwivedi, M.A. English Literature (First Year)

W :-

Wondering! We have sensibility
But are curtailed by men's desirability
In every civilization and its powerful
possibilities
Women are still born in societies where
The gyre leaves us nowhere but encircled
To give us pseudo-freedom

O :-

Oblivious of our own existence
Leading from the bed to the kitchen
Feminism struck down, brought to her
knees,
The Government's plans for girls
Which lead nowhere- nowhere but back
To the awaited final destination "The
Kitchen"

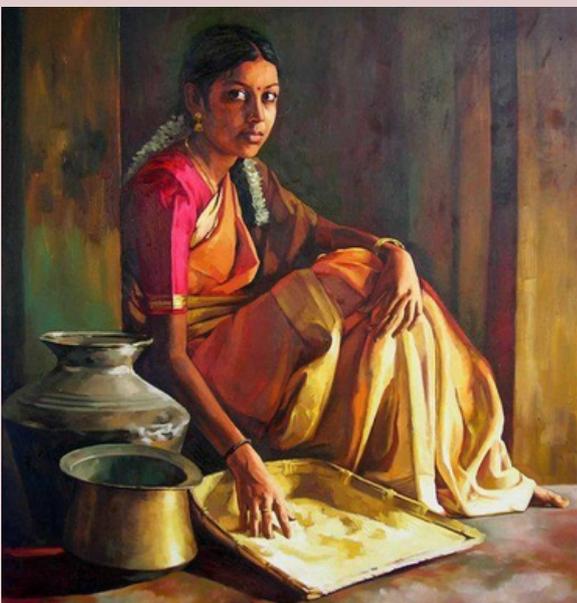
M:-

Manufactured , manipulated, molded
since ages
From the forest to the city, nothing's
changed
But we get freedom in cages



E:-
Evolution from homo sapiens to human
Inspire her to blossom
Education gives wings but not the sky
Which is structured in layers in a myriad of ways
It makes it hard for us to stay
The few who stay become so weak
Entangled in their own consciousness
Caught up in how to “break the silence”

N:-
Nurtured in different climate
Surprised to see how thought made
Many rituals different
“East is and East and West is West”
But the same consciousness arose in other sex
On how to weaken the Female
And in the Female, on how to fight back.



तू एक नहीं हजा र है तू शक्ति का बौ छार हैं

नाजाने किसे कौन सी बात बुरी लगी
नाजाने किसे कौन सी बात बंगाली लगी,
कुछ ही पलों बातें पुरानी सी होने लगी.

कुछ ही पलों में बातें अनजानी सी हो ने लगी,
अब छोड़ दें अकेला अपनी उदासी को कही,
अब छोड़ दें अकेला अपनी बेबसी को कही,
चलना तूझे है और लड़ना भी तूझे ही,
कहना तूझे है और सुनना भी तुझे ही
रास्ते तेरे है तो मंजिल भी तेरी ,
इरा दे तेरे है तो का मया बी भी तेरी ..
तो फैला सूर्य जैसा प्रकाश तू.
फैला चंद्रमा जैसी शी तला तू..
तू एक नहीं हजा र है,
तू एक नहीं हजा र है,
तू शक्ति का बौछार हैं.
तू शक्ति का बौछार हैं।



12. Chhavi Sukriti, M.A. Economics (First Year)

टहनी का दर्द

एक पेड़ रो रहा था
अपनी टहनी के गिर जाने से
वह कह रहा था कि
टहनी कभी नहीं समझ सकती
पेड़ के दर्द को

पर क्या वह पेड़ समझ पाएगा
उस टहनी के मुश्किलों को
कैसे जुदा होने के बाद
टहनी का कोई वजूद नहीं रह जाता

कैसे टहनी एक अरसा निकाल देती
अपनी ही खामी ढूंढने में
जब लोग उसको हर तरफ से
ठोकर देकर निकल जाते

कैसे टहनी को समझ नहीं आता कि
पेड़ ने क्यों उसको अलग कर दिया खुद से
जब थी क्षमता उसमें
अनगिनत मीठे फल उगाने की

पेड़ तो अभी भी वही खड़ा
फल फूल रहा पहले की तरह
और उस टहनी की जगह
ले ली है कुछ नई शाखाओं ने

पर वह गिरी हुई टहनी को
एक पत्ती उगाने में भी
लग जाते हैं कई दशक
और कभी-कभी तो वह
यूं ही हो जाती है बरबाद



HIGHLIGHTS OF THE WOMEN'S DEVELOPMENT CELL

National e-Conference on "Journey of Women's Studies Centers in India":

Problems, Potentials and Prospects" (4th-5th August, 2020)



Women's Development Cell has successfully organized a National e-Conference on the topic "Journey of Women's Studies Centers in India: Problems, Potentials and Prospects" from 4th-5th August, 2020. This workshop aimed at providing a forum to the scholars and practitioners of Women's Studies to reflect on challenges and opportunities for Women's Studies Centers in India and to explore the possibilities of networking and collaborations. The event was attended by several students from varied departments.

International Web-Talk on "Rethinking Gender and Human Security: A Global Perspective" (8th August, 2020)



International Web-Talk was auspiciously organized by Women's Development Cell on the topic "Rethinking Gender and Human Security: A Global Perspective " for our college students on 8th August, 2020. The main objective of the Web-Talk was to analyze women's position and challenges who are at the margin: The unheard voices of women refugees, women migrants, sex workers, health workers, women prisoners in the COVID 19 crisis and to create a meaningful dialogue on the need for a gender sensitive framework of human security. The Eminent speakers of the Web-Talk were Prof. Araceli Alonso (Co-Director of UNESCO Chair on Gender, Wellbeing and Culture of Peace, 4W Director of Gender, Health and Clinical Practice, Co-Director 4W-TREETS (Social Transformation to End Trafficking for Sex), Gender and Women's Studies, School of Medicine and Public Health, University of Wisconsin-Madison, US).

The second speaker was Prof. Anita Singh (Professor, Department of English, Banaras Hindu University & Co-Coordinator, Centre for Women's Studies and Development, FSS, Banaras Hindu University, Varanasi).

The third speaker was Prof. Geeta Patel (Department of Middle Eastern & South Asian Languages & Cultures & Women, Gender & Sexuality Studies, University of Virginia, Charlottesville, US).

The fourth speaker was Dr. Lindsey Churchill (Associate Professor of History & Director, Women's Research Center and BGLTQ+ Student Center & Program Director, Women's, Gender and Sexuality Studies, University of Central Oklahoma, US). The event was attended by a number of students and various faculty members from different universities of India as well as of Abroad.

वसंत महिला महाविद्यालय में ई-वार्ता का आयोजन

वाराणसी (सन्मार्ग)। वसंत महिला महाविद्यालय के महिला विकास प्रकोष्ठ के द्वारा अंतरराष्ट्रीय ई-वार्ता का आयोजन रीथिंकिंग जेंडर एंड ह्यूमन सेक्युरिटी ए ग्लोबल पर्सपेक्टिव विषय पर किया गया। स्वागत उद्बोधन प्राचार्या प्रो. अल्का सिंह ने किया एवं डॉ. प्रीति सिंह, समन्वयक महिला विकास प्रकोष्ठ ने संबंधित विषय से सभी को अवगत कराया और विषय की गंभीरता को सबसे साझा किया। प्रथम वक्ता प्रो.अनिता सिंह ने अपने विचार में बुद्धन स्ट्रीट थिएटर की बात की जिसमें समाज में संकीर्ण सोच की शिकार औरतों को एक मंच दिया जाता है, जिससे वह

International Web Talk on "Rethinking Gender and Human Society: A Global Perspective"



अपनी चेतना को जागृत करके समाज में अपने हक की मांग व जगह बना सकें। द्वितीय वक्ता प्रो.गीता पटेल ने अपने विचार में पेंशन सिस्टम की

बात साझा की जिसमें उन्होंने औरतों का श्रम बाजार द्वारा दोहन और उनके जीवन की स्थितियों से समाज में जेंडर उच्चतर व निम्नतर बदलाव आ रहे हैं। तीसरी वक्ता प्रो.अर्सली

अमेरिका से अपने विचार में महिलाओं की स्वास्थ्य समस्याओं और जेंडर में सतत विकास सिद्धान्त की बात की जिसमें तीन पुरुषों के मुकाबले मीडिया में एक औरत की चर्चा की जाती है, जो कि सोचनीय है। डॉ. लिंडसे चर्चिल अमेरिका से अपने विचार में कोरोना काल के कारण सेक्स वर्कर्स एवं सेक्स संबंधी समस्याओं और उनके निवारण के लिए उठाये गए कदमों को साझा किया। धन्यवाद ज्ञापन डॉ. योगिता बेरी ने किया। डॉ.रचना पाण्डेय व डॉ.जी. तावासी मुरगन ने सभी वक्ताओं का परिचय दिया और डॉ. संवेदना सिंह ने रिपोर्ट लेखन किया।

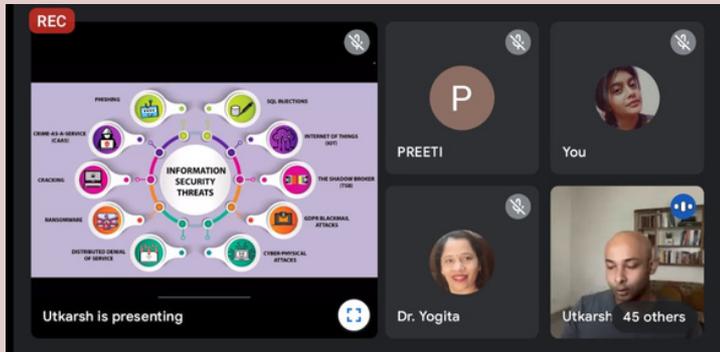
Celebration of International Women's Day (8th March, 2021)



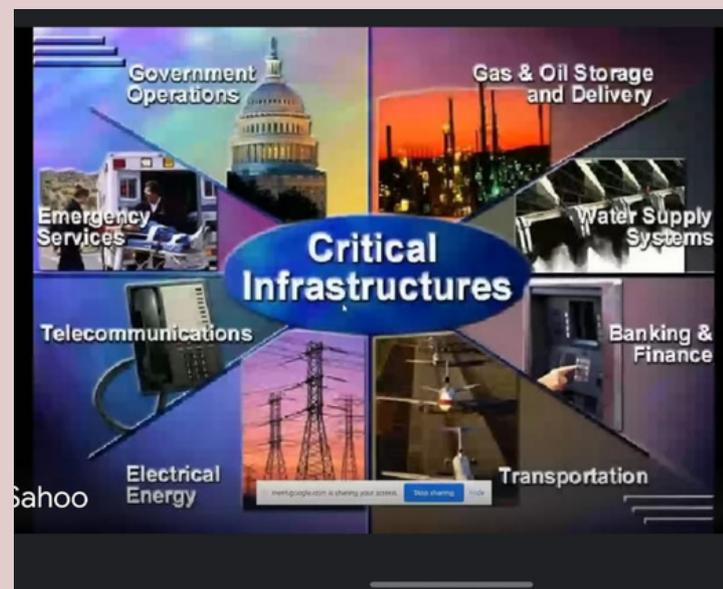
Women's Development Cell has celebrated International Women's Day on 8th March, 2021. The event was attended by various students from different departments of our college.



One Day Legal Awareness Workshop on "Legal Provisions & Protective Measures for Women" (29th July, 2021)



One Day Legal Awareness Workshop was organized by Women's Development Cell on the topic "Legal Provisions & Protective Measures for Women" on 29th July, 2021. The workshop aimed at making students aware about the legal provisions and safeguards for women. It also provided information as of to empower the youth of our country with the knowledge of their legal rights and duties, ultimately to be able to share power equally, gain full access to the means of development. The workshop was divided into three sessions. The first session was on the topic "Cyber Crime Against Women: Special Reference to Information Technology Act". The lecture was delivered by Prof. G.P. Sahoo (Faculty of Law, BHU, Varanasi)



The second session was on the topic "The Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013". The lecture was delivered by Dr. K. Syamala (Associate Professor cum-Director (Research & Training), National University of Study and Research in Law, Ranchi).

The third session was on the topic "Manipulating Your Society-Glimpses of Security Threats in the Modern World and Things You Can't Do About It" and the lecture was delivered by Mr. Utkarsh Verma (Software Engineer, Infosys, Pune). Many students became a part of this session.

Celebration of Azadi Ka Amrit Mahotsava (25th September, 2021)

E-Quiz Competition was jointly organized by Women's Development Cell & The Department of Political Science under the aegis of IQAC on the topic 'Role of Women in the Indian National Movement & Constitutional Development" on 25th September, 2021 to celebrate Azadi ka Amrit Mahotsava.



Student Development Programme on "Women Entrepreneurship: Challenges and Opportunities in Present Times" (24th November, 2021)

The image shows a presentation slide on the left and a Zoom meeting grid on the right. The slide is titled "Welcome All Students To Student Development Program (SDP) on the topic 'Women Entrepreneurship'". It lists the speaker as Mr. Arun K Kaul (ICFAI Business School-Gurgaon) and the date as November 24th, 2021. The slide also features the IBS logo and a 25th anniversary emblem. The Zoom grid shows five participants: Preeti Singh, IBS Gurgaon eLearn-1, Yogita Beri, Arun Kaul, and Alka Singh.

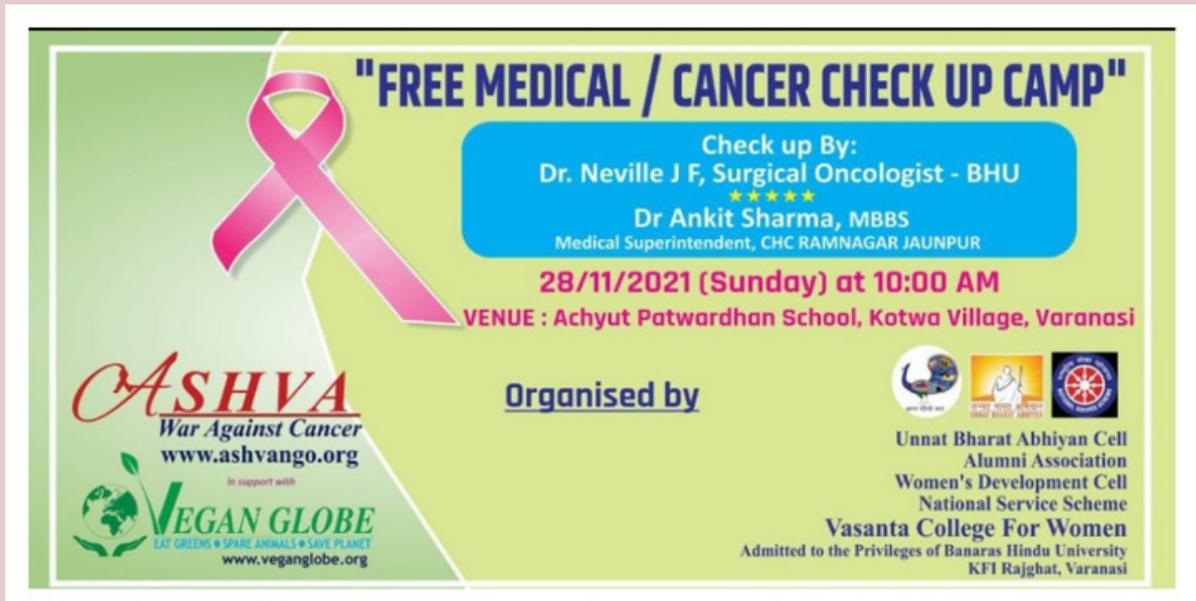
Women's Development Cell, Vasanta College for Women, Rajghat, Varanasi in association with ICF AI Business School has organized Student Development Program on the topic "Women Entrepreneurship: Challenges and Opportunities in Present Times" on 24th November, 2021. Lecture was delivered by Prof. Arun K Kaul (Faculty member, IBS Gurgaon). The program was attended lots of students from different departments of the college.

The flyer features the IBS logo at the top left and a photograph of a college building at the bottom left. The main title is "Women Entrepreneurship : Challenges and Opportunities In Present Times". A red banner at the top right contains the text: "Student Development Programme on 'Women Entrepreneurship: Challenges and Opportunities in Present Times' organized by Women's Development Cell, Vasanta College for Women, Rajghat, Varanasi in Association with ICF AI Business School".

Speaker	
Prof. Arun K Kaul Faculty Member IBS Gurgaon	
Prof. Alka Singh Principal Vasanta College for Women	
Dr. Preeti Singh Coordinator, WDC Vasanta College for Women	
Dr. Yogita Beri CO- Coordinator, WDC Vasanta College for Women	
Dr. Rachna Pandey Member of WDC Vasanta College for Women	
Dr. G. Thavasi Murugan Member of WDC Vasanta College for Women	

Date : 24th Nov 2021 (Wednesday)
Timing: 02:45 PM - 04:00 PM
Zoom Meeting ID: 969 3134 1274
Zoom Passcode: 758835
www.ibsindia.org

Cancer Check Up Camp (28 November, 2021)



"FREE MEDICAL / CANCER CHECK UP CAMP"

Check up By:
Dr. Neville J F, Surgical Oncologist - BHU
★★★★★
Dr Ankit Sharma, MBBS
Medical Superintendent, CHC RAMNAGAR JAUNPUR

28/11/2021 (Sunday) at 10:00 AM
VENUE : Achyut Patwardhan School, Kotwa Village, Varanasi

ASHVA
War Against Cancer
www.ashvango.org

In support with
VEGAN GLOBE
EAT GREENS • SPARE ANIMALS • SAVE PLANET
www.veganglobe.org

Organised by

Unnat Bharat Abhiyan Cell
Alumni Association
Women's Development Cell
National Service Scheme
Vasanta College For Women
Admitted to the Privileges of Banaras Hindu University
KFI Rajghat, Varanasi

A free medical/Cancer Check up Camp was organised jointly to create awareness by Women's Development Cell, Alumni Association, Unnat Bharat Abhiyan Cell and National Service Scheme of Vasanta College for Women, Rajghat, Varanasi at Achyut Patwardhan School, Kotwa village and it was facilitated by Dr. Neville J.F. and Dr. Ankit Sharma.



Career Development Workshop (17th-25th January, 2022)

Adore India in collaboration with Women's Development Cell & Student Research Development Cell under the aegis of IQAC has successfully organised Career development Workshop from 17th-25th January, 2022. The main objective of the workshop was to improve personalized development, to create resumes that get attentions and results, to ace the job interview and build trustworthy relations at a workplace. The workshop was attended by various students of the college.



ADORE
motivating youth for positive action

Adore India
in collaboration with
Women's Development Cell & Student Research Development Cell
Women's Development Cell

Vasanta College for Women,
(Admitted to the Privileges of Banaras Hindu University)
KFI, Rajgarh Fort, Varanasi

organizes

CAREER DEVELOPMENT WORKSHOP

17TH TO 25TH JANUARY 2022
4:00-5:30 PM
ONLINE PLATFORM (ZOOM)

ABOUT THE WORKSHOP

TOPICS TO BE COVERED

- Resume Building
- Interview Skills
- Corporate Etiquette & Grooming
- Interpersonal Relationships
- Internships: Trail to profession
- Personality Development
- Professional Networking: LinkedIn

OBJECTIVES

- Improves your personalized development
- Create resumes that get attention and results
- Learn to connect with professionals and establish online presence
- Ace the job interview
- Build trustworthy relations at a workplace

Who may attend the workshop?
The workshop is planned for the students of Vasanta College for Women, Rajghat, Varanasi. Students of the BA/ B.Com/ B.Ed/ MA may join the workshop.

How to register?
There is no Registration Fee. Information regarding process of registration will be shared in the Workshop Whatsapp Group. It is mandatory for all the participants to join the Whatsapp Group.
Certificates will be provide to all those who fulfills the eligibility criteria.

ORGANIZERS

Mentor

- Sri. Siddharth Menon, Manager, Vasanta College for Women, Rajghat, Varanasi.

Patron

- Prof. Alka Singh, Principal, Vasanta College for Women, Rajghat, Varanasi.

Organizing Secretary

- Dr. Yogita Ban, Co-coordinator, Women's

Workshop Coordinators

- Ms. Devika Ananda, Coordinator, Adore India
- Ms. Ziya Saifi, Coordinator, Adore India
- Dr. Preeti Singh, Coordinator, Women's Development Cell.
- Dr. Rajni Jaiswal, Convener, Student Research Development Cell

Organizing Committee

- Dr. Rachana Pandey, Member, Women's Development Cell



ADORE
motivating youth for positive action

ADORE INDIA
in collaboration with
VASANTA COLLEGE FOR WOMEN
presents

CAREER DEVELOPMENT WORKSHOP

INAUGURAL SESSION

January 17, 2022
3:45 to 4:15 PM
Facebook Live

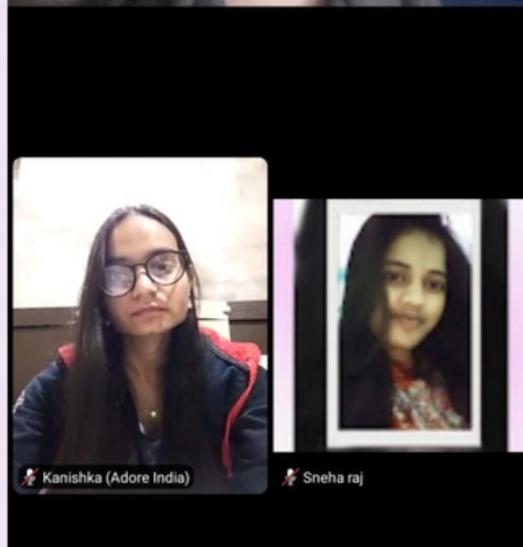
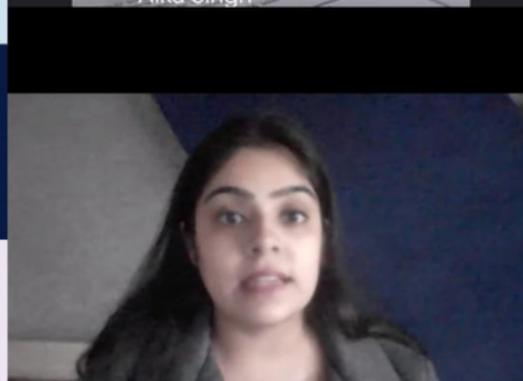
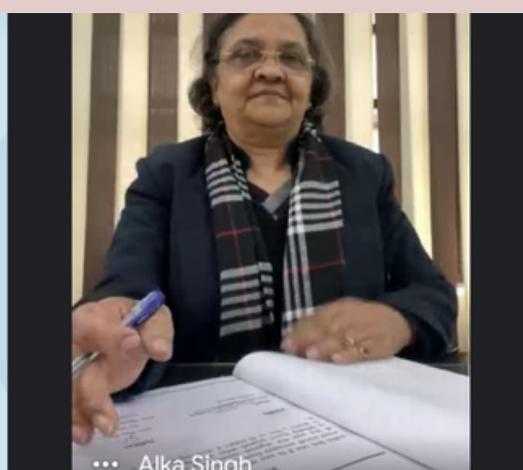
Beginning of the Session
Dr. Preeti Singh, Coordinator, WDC, Vasanta College for Women, Rajghat

Welcome Address
Prof. Alka Singh, Principal, Vasanta College for Women, Rajghat

Introduction of Adore India
Ms. Devika Ananda, Coordinator, Adore India

About the Workshop
Ms. Ziya Saifi, Workshop Coordinator, Adore India

Commencement of Workshop
Batch wise over Zoom



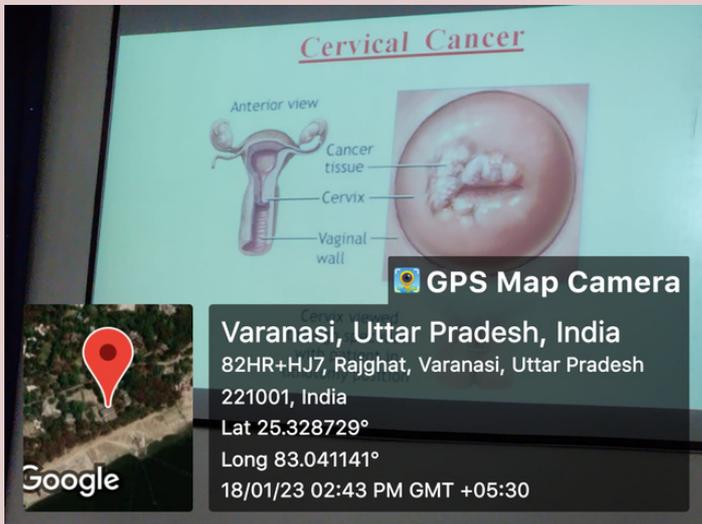
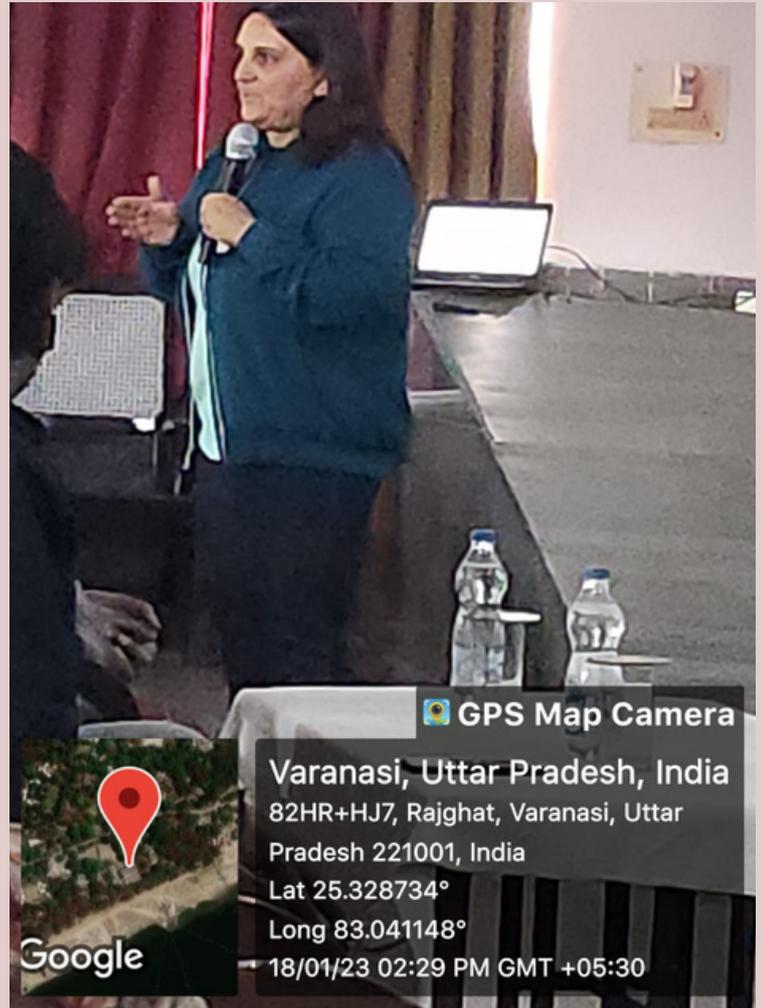
'Shades of Womanhood' (Women's Day, 2022)

'Shades of Womanhood' was a Women's Day celebration on the occasion of International Women's Day 2022. The events included Poetry Recitation, Collage and Poster Making and Mono-Acting and their presentations.



Health Talk (18 January, 2023)

A health talk was organised on 18th January to make students aware of cervical cancer and its preventative vaccine.



International Women's Day 2023 'Breaking The Silence'

'Breaking the Silence' was a cultural event organised on the occasion of International Women's Day (2023). The event included presentations by students, who interpreted the medium through posters, dance and poetry.



वसंत महिला महाविद्यालय में अंतर्राष्ट्रीय महिला दिवस का आयोजन

प्रहरी मीमांसा संवाददाता

वाराणसी। वाराणसी में महिला विकास प्रकोष्ठ बसंत महिला महाविद्यालय के तत्वाधान में 'ब्रेकिंग दि साइलेंस' (चुप्पी तोड़ो) विषय पर एक सांस्कृतिक उत्सव का आयोजन किया गया। जिसके अंतर्गत रंगमंच, पोस्टर मेकिंग, कोलाज मेकिंग, स्वरचित काव्य पाठ आदि प्रतियोगिताओं का आयोजन किया गया। विद्यार्थियों ने विभिन्न माध्यमों से पितृसत्तात्मक समाज के विरुद्ध अपने स्वर मुखरित किए और चुप्पी तोड़ी। सांस्कृतिक उत्सव का समापन समारोह 02 मार्च को महाविद्यालय के सभागार में किया गया। समापन समारोह की मुख्य वक्ता महाविद्यालय की प्राचार्या प्रो. अलका सिंह रही। प्रो. अलका सिंह ने अपने वक्तव्य में कहा कि हम 'महिला सर्वाधिकार' से 'सशक्त महिला' की संकल्पना की ओर बढ़ रहे हैं और मानसिकता बदलने की आवश्यकता है। इस अवसर पर महिला विकास प्रकोष्ठ की ई पत्रिका 'चामा' के



द्वितीय अंक का विमोचन किया गया। इस अवसर पर शिक्षा विभाग की शिक्षक डॉ. विभा सिंह पटेल ने अपनी स्वरचित कविताएं प्रस्तुत कीं। तत्पश्चात् प्रथम द्वितीय एवं तृतीय

स्थान प्राप्त प्रतिभागियों ने अपनी कविता और नाटक प्रस्तुत किया। इसके साथ ही ओपन माईक कार्यक्रम के अंतर्गत अर्थशास्त्र विभाग की प्रो. विभा जोशी, इतिहास विभाग की डॉ. श्रेया पाठक समेत विद्यार्थियों ने महिला विस्तीर्ण सर्वाधिकारण, धरतू हिंसा, महिला शिक्षा और सुरक्षा समेत विभिन्न विषयों पर चुप्पी तोड़ने की बात कही। धन्यवाद ज्ञापन डॉ. आकांक्षा त्रिवेदी द्वारा किया गया। कार्यक्रम का संचालन एलौरा सेन ने किया तथा प्रतिवेदन प्रस्तुति पूर्ण के द्वारा किया गया। इस सांस्कृतिक उत्सव का आयोजन डॉ. प्रीति सिंह समन्वयिका महिला विकास प्रकोष्ठ, डॉ. योगिता बेरी सह समन्वयिका महिला विकास प्रकोष्ठ तथा डॉ. रचना पांडेय सदस्य महिला विकास प्रकोष्ठ के निदेशन में किया गया। इस कार्यक्रम में कॉलेज की छात्राओं ने श्रेया सिंह, अदिति मैथिल, विनती पांडेय, श्रेया शिखा, नयना राय, निकिता राय, भावना कश्यप ने सक्रिय भूमिका निभाई।

Thank You!