

VASANTA COLLEGE FOR WOMEN वसंत महिला महाविद्यालय Admitted to the Privileges of Banaras Hindu University

Krishnamurti Foundation India, Rajghat Fort, Varanasi - 221 001

Estd: 1913

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DEPARTMENT OF PSYCHOLOGY

COURSE CODE OR PAPER NO.	SEMESTER	COURSE NAME	COURSE OUTCOMES
BSP 111	FIRST	Foundations of Psychological Process	 Approximately all Students will be able to: ▶ understand the basic concepts of the field of psychology with an emphasis on applications of psychology in everyday life ▶ know about the scope and the field of psychology ▶ Develop familiarity with basic concepts related to some foundational themes of study in psychology such as learning, memory, perception, and thinking
BSP 112	FIRST	Practical	 Approximately all Students will be able to: ➤ Understand the practical component and use various apparatus and tools ➤ Carry out quantitative analysis of the findings.
BSPA 111	FIRST	Ancillary : Basic Psychological Processes	 Approximately all Students will be able to: > understand the basic concepts of psychology with an emphasis on applications of psychology in everyday life > know about the scope and the

			 field of psychology ➤ understand the basic concepts of attention, learning, memory and various types of motives
BSP 121 BSP 122	SECOND	Applied Psychology	Approximately all Students will be able to:▶ understand the nature and fields of applied psychology▶ know the various factors influencing the school achievement▶ Improve the skill of identifying the exceptional children and their problems▶ Understand the Difference
			 able to: ➤ Know the various psychological tests and their used for the different non psychological participants
BSPA 111	SECOND	Ancillary : Applied Psychology	 Approximately all Students will be able to: > understand the nature and fields of applied psychology > know the psychology of organizations, personnel selection and consumer behaviour > identify the school as a agent of socialization > Understand the Difference between prejudice and stereotypes, and their resolution.
BSP 211	THIRD	Experimental Methodology and Elementary Statistics	 Approximately all Students will be able to: ➤ understand theoretical and practical aspect of conducting

[
			an experiment
			Knowledge about stating
			problems; development of
			hypothesis
			\succ know the meaning, type and
			control of variables in
			experiment
			\succ understand that how to design
			an experiment
			acquire basic Knowledge
			about elementary statistics
			useful for analysis of data
			obtained from experiment
			➢ Develop essential skill to
			interpret results obtain from
			data analysis
			uata allalysis
BSP 212	THIRD	Practical	Approximately all Students will be
D3F 212		Flattital	able to:
			experiment ensuring
			controlled conditions, keeping
			in mind ethics of
			experimentation
			Formulate of an experiment
			using single group design
			Analysis of the data obtained
			in randomized groups design
			with two groups using
			suitable statistics
			Use of descriptive of statistics
			in analyzing experimental
			data.
BSPA	THIRD	Ancillary :	Approximately all Students will be
211		Abnormal	able to:
		Psychology	➢ Understand the concept of
			abnormal psychology, criteria
			of abnormal behaviour and
			classification of psychological
			disorder
			➤ Know the difference between
			neurotic and psychotic
			disorder
			Understand the basic concept
			*
1		1	of mental retardation and

			learning disability
BSP 221	FOURTH	Psychology o	of Approximately all Students will be
		Human	able to:
		Development	understand and distinguish
		-	major theoretical perspectives
			and methodological
			approaches in human
			development
			➢ identify the milestones in
			diverse domains of human
			development across life stages
			\succ understand the contributions
			of socio-cultural context
			toward shaping human
			development
			 know the developmental task,
			physical and psychological
			changes in adolescence
BSP 222	FOURTH	Practical	Approximately all Students will be able to:
			\succ Understand the use of various
			psychological tests and also
			learn that how to draw a
			conclusion on the basis of
			manual
BSPA	FOURTH	Ancillary	: Approximately all Students will be
221		-	of able to:
		personality	> Understand the concept of
		r	personality, definitions, trait
			and type approaches of
			personality
			➢ Know the determinants and
			assessment of personality
			Understand the basics of
			psychoanalysis approach,
			defense mechanism and
			inferiority complex
			➤ Know the self concept and
			personality change models
			➤ Identify the types of
			personality disorder and their
			treatment approaches

BSP 311	FIFTH	Psychological	Approximately all Students will be
		testing and	able to:
		Assessment	➢ Understand the
			administration, scoring and
			interpretation of
			psychological tests
			➢ Know the item writing skill,
			item analysis and how to
			5
			construct psychological tests
			> Understand the meaning and
			types of norms
			> Understand the important
			measures of personality
			Identify the difference
			between Rorschach and TAT
			psychological tests
			Improve the skill of various
			correlation techniques
BSP 312	FIFTH	Organizational Behaviour`	Approximately all Students will be able to:
			➢ have fundamental knowledge
			about historical development
			oforganizational behaviour;
			structural basis of
			organization
			> understand theoretical and
			practical aspect of work
			motivation
			> understand Communication
			Process in organization and
			Barriers in effective
			communication
			group behaviour and group conflict
			COMMICE
BSP 313	FIFTH	Devehology	Approximately all Students will be
035 313		Psychology	able to:
		of Social	
		Social	
		Behaviour	Understand the basic social
			psychological concepts and
			familiarize with relevant
1	1		methods

			 Develop skills pertaining to mapping of social reality and understanding how people evaluate social situations Develop an understanding pertaining to social influence processes particularly the influence of others on individual behaviour and performance Develop an understanding of the individual in relation to the social world
BSP 314	FIFTH	Cognitive	Approximately all Students will be
		Psychology	able to:
			 Understand the nature, themes and mergence of cognitive psychology Know the categories of mental images and mental manipulation of images Understand the nature and determinants of verbal learning; differentiate between paired associate and serial learning Understand
BSP 315	FIFTH	Behavioural	Approximately all Students will be
		Disorders	 able to: ➤ Acquiring knowledge and skills for distinguishing normal and abnormal behaviour and learn the criteria of determining abnormality ➤ Developing familiarity with the current diagnostic systems (current edition of the Diagnostic and Statistical Manual of Mental Disorders and International Classification of Diseases-

			Mental Disorder section)
			Acquiring knowledge about
			Anxiety Disorders and
			Trauma & Stressor-related,
			Dissociative and Personality
			Disorders
BSP 316	FIFTH	Guidance and	Approximately all Students will be
		Counselling	able to:
			➢ develop an understanding of
			basic concepts, processes, and
			techniques of Guidance and
			Counseling
			Acquiring knowledge about
			adjust problems and
			counseling needs of children
			and adolescents
			> Acquiring basic counselling
			skills of problem
			identification, and
			relationship building (e.g.
			rapport, demonstrating
			empathy, and observing,
			listening, unconditional
			positive regard).
			1 8 8
			concerns in life; for instance
			acting as peer counsellors in
			the college/community
			> Know about the ethics related
			to Guidance and Counselling
			process
DCD 217	ЕІЕТЦ	Practical	Annrovimatoly all Students will be
BSP 317	FIFTH	Fractical	Approximately all Students will be able to:
			Know about personality and antitude
			aptitude assessment for
			college going student
BSP 321	SIXTH	Neuro-	Approximately all Students will be
	JIATI		able to:
		physiological Bases	\rightarrow develop the theoretical
		of	•
			understanding of neuro-
		behaviour	physiological bases of behavior
			> understand how

			Communication occurs within
			and between neuron
			know the structure and
			function of central and
			peripheral nervous system
			 have fundamental knowledge
			about how vision, hearing, and
			sensory stimulation take place
			at neural level
			\succ competent with the various
			methods of study of neural
			bases of behaviour.
	CIVTH	11	Annuarin at also all Charlente and L
BSP 322	SIXTH	Human	Approximately all Students will be
		Resource	able to:
		Management	understand the concept and
			nature of human resource
			management
			acquiring knowledge about
			foundation and function of
			human resource management
			➢ enhance the skill related o
			selection process and
			methods of employees
			selection
			 acquiring knowledge about
			scope and goals of training
			programs related to human
			resource management
			develop the skill for
			occupational health and
			causes of stress at the work
			place and management of
			stress
BSP 323	SIXTH	Perception,	Approximately all Students will be
		Attention and	able to:
		Consciousness	\succ understand the nature and
			characteristics of sensation
			and perception
			know about bottom up and
			top down processes
			 acquiring knowledge about
			various theories of visual
			object recognition
			know about the concept of

			attention and their various
			types ➤ understand the nature and
			understand the nature and characteristics
			consciousness; varieties of
			consciousness
BSP 324	SIXTH	Clinical	Approximately all Students will be
		Psychology	able to:
			acquiring knowledge about n
			historical development,
			nature and scope of clinical
			psychology
			knowledge about meaning
			and nature of diagnosis and
			differential diagnosis
			understand and develop skill
			for diagnostic assessment and
			use of various clinical tools for
			assessment
			acquiring knowledge of
			different psychological tests
			and clinical utility of
			psychological tests
			\succ understand the basic
			knowledge about different
			types of psychotherapy
BSP 325	SIXTH	Culture	Approximately all Students will be
		And	able to:
		Human	\succ understand the concept of
		Behaviour	culture, cross cultural, socio-
			biological and eco-cultural
			approaches of psychology
			> acquiring knowledge about
			various methods of cross
			cultural psychology
			\succ Enhance the skills for cultural
			approaches
			\succ Know about the similarities
			and differences in culture and
			emotion
BSP 326	SIXTH	Stress	Approximately all Students will be
		and	able to:
		Coping	\rightarrow Understand the nature and
		F Ø	different perspectives on
			stress and types of stress
	1		

			 acquiring knowledge about different kinds of various responses in situation of stress know about the factor influencing stress tolerance and potential effects of stress acquiring knowledge about nature and characteristics of coping, and common coping strategies and patters in stress
BSP 326	SIXTH	Practical	 Approximately all Students will be able to: ➤ Acquiring knowledge about various psychological tests related to depth perception, occupational health, geometric illusion, stress, personality and their used in psychological study.

Program Outcomes of B. A. (Psychology)

S.N.	Program Outcome
1.	Student would be able to have in ability to understand core psychological concepts, models, classical theories, varied perspectives, evolution of the field, new researches being carried out, as also knowledge of the sub fields of psychology
2.	Student would be able to have in Basic professional skills pertaining to psychological testing, assessment and counselling
3.	Student would be able to have in ability to use skills in specific areas related to chosen specialization (e.g. cognitive, industrial-organizational, clinical, counselling, health, educational, social, community).
4.	Student would be able to Develop positive attributes such as empathy, compassion, optimism, social participation, and accountability.
5.	Student would be able to ability to connect theory with personal experiences and varied applied settings
6.	Student would be able to Understand how psychology can be applied to solve problems facing humankind

Programme Specific Outcomes of B. A. (Psychology)

S.N.	Programme Specific Outcomes			
	Approximately all students would be able to:			
1.	have knowledge about the discipline and research methods			
2.	understand the basic professional skills pertaining to psychological testing, assessment and counselling			
3.	use various e-resources, technology and social media			
4.	understand and improve the skill of self-development and personal growth			
5.	have competence in terms of applying psychological skills, techniques of data collection, assessment and evaluation of behavioural interaction at an individual and group level			

<u>Department of Psychology</u> <u>Course Outcomes of M. A. (Psychology)</u>

COURSE	CEMECTED	COUDCE NAME	COURCE OUTCOMES
CODE OR	SEMESTER	COURSE NAME	COURSE OUTCOMES
PAPER			
NO.			
PSM 101	FIRST	Advanced Biological Psychology	Approximately all Students will be able to:▶ Knowthebiological foundation of psychology▶ assessnumbersof neuropsychological tests▶ assessthebehavioural geneticsandunderstand personality well▶ explainthe▶ exploretheir skills▶ exploretheir skillsto work with drug deaddiction centers
PSM 102	FIRST	Advanced Cognitive Psychology	 Approximately all Students will be able to: > understand the cognitive process ,which will help them to know about the Stimulus Organism Response > Know top down and bottom up approaches perception with appropriate attention > enhance their problem solving strategies or technique and become expertise
PSM 103	FIRST	Advanced	Approximately all Students will be
1 501 105		Research	able to:
		Methodology	\rightarrow learn how research is to be
		and	carried out
		Design	> enhance standardized way of
		0	making observations,
			gathering data, forming
			theories
			encourages an environment of
			trust, accountability, and
			mutual respect among

			,
			 researchers find the answer to a question through hypotheses provide a plan of study that permits accurate assessment of cause and effect relationships measure variables as they naturally occur Know the importance of dependent and independent variables
PSM 104	FIRST	Advanced Social Psychology	Approximately all Students will be able to: → Understanding the basic social
		i sychology	psychological concepts and familiarize with relevant methods
			Developing skills pertaining to mapping of social reality and understanding how people evaluate social situations.
			 Developing an understanding pertaining to social influence processes particularly the influence of others on individual behaviour and performance
			 Develop an understanding of the individual in relation to the social world
PSM 105	FIRST	Practical	Approximately all Students will be able to:
			 know the cause and effect relationship of different variables while doing practicles
PSM 201	SECOND	Advanced Statistics	 Approximately all Students will be able to: ➤ enhance the knowledge for choosing the parametric and
			non parametric statistics

			 enhance the knowledge for checking raw data, identifying outliers and dealing with missing data enhance the skills for using the ANOVA enhance the skills that where the differences occurred between groups enhance the skills to describe variability among observed, correlated variables in terms of a potentially
PSM 202	SECOND	Applied Psychological Assessment	 Approximately all Students will be able to: understand the Nature and purpose of psychological assessment and Ethics related to Assessment Process Understand the process of item writing and know the basic approaches of item writing. Explore the method of reliability and validity for developing the standardization of psychological test Enhance the skill of application of psychological test adaptation and translation back translation method.
PSM 203	SECOND	Motivation And Emotion	Approximately all Students will be able to:> know the conceptual and problematic issues of motivation> understand the cluster and level of needs to assess the personality while counseling > understand the expression,

			 genetics and culture of emotions for taking Mental Status Examination of clients enhance their emotional intelligence with training and experiences develop the script writing skill by understanding self-conscious emotions
PSM 204	SECOND	Psychology	Approximately all Students will be
F 5141 204	SECOND	of	able to:
		Personality	\succ take case history of the client
		i ci sonanty	 react case instory of the cheft properly by going in depth with eastern personality perspective explore the various
			approaches of personality
			understand the basic differences between Eastern and Western Perspective of Personality
PSM 205	SECOND	Practical	Approximately all Students will be
			able to:
			 know the cause and effect relationship of different variables while doing practicles
PSM 206	SECOND	Minor Elective	Approximately all Students will be
			able to:
			 Basic knowledge of General Psychology Create an idea of motivation and Emotion
			and Emotion
PSM 301	THIRD	Applied	Approximately all Students will be
	1	Social	able to:
		Psychology	 Understand the various aspects of applied social psychology and their relationship with basic psychology

PSM 303	THIRD	Counselling Psychology	 and dual process models of persuasive change ➢ Enhance the skill of human interaction with enviournment and encouraging proenviournmental behaviour Approximately all Students will be able to: ➢ ethical issues in counselling for better practices ➢ become better practitioner by understanding the role and function of counsellor and counsellor
			counselee
PSM 304	THIRD	Deveho-	Annrovimatoly all Students will be
гэм 304 	ΙΠΙΚΟ	Psycho- diagnostics	Approximately all Students will be able to:
			 develop the skill of differential diagnosis by understanding the process and stages of diagnostic assessment students might know the ways of-How to clinically assess the client for further counselling stages know about the features and how to administer, score and interpret the intelligence test for children and adult
PSM 309	THIRD	Neuropsycholog	Approximately all Students will be
		y y	able to:
			 understand What is neuropsychology andhow it differ from other related discipline like cognitive psychology and physiological psychology Enhance the skill of Conceptual issues in structure and function of mind

PSM 313	THIRD	Psychopathology	Approximately all Students will be
			able to:
			\succ enhance the ability to
			diagnose a Schizophrenia on
			the basis of diagnostic criteria
			\succ enhance the ability to
			diagnose a diagnose a
			delusional disorder on the
			basis of diagnostic criteria
			\succ enhance the ability to
			diagnose a Bipolar disorder on
			the basis of diagnostic criteria
			\rightarrow enhance the ability to
			diagnose a Cyclothymic
			disorder on the basis of
			diagnostic criteria
			\rightarrow enhance the ability to
			diagnose a major depressive
			disorder on the basis of
			diagnostic criteria
			5
			diagnose a DMDD on the basis
			of diagnostic criteria
			▶ enhance the ability to
			diagnose a eating disorder on
			the basis of diagnostic criteria
			> enhance the ability to
			diagnose a sleeping disorder
			on the basis of diagnostic
			criteria
			> enhance the ability to
			diagnose a dissociative
			disorder
			> enhance the ability to
			diagnose a depersonalization
			disorder
PSM 317	THIRD	Dissertation	Some of the Students will be able
			to:
			develop the research based
			ability while doing
			dissertation

PSM 318	THIRD	Practical	Approximately all Students will be able to:
			\rightarrow know the cause and effect
			relationship of different
			variables while doing
			practices
MSS533 A	THIRD	Rural Psychology	Approximately all Students will be able to:
			> explore the rural social
			behavior and basic old traditions
PSM 401	FOURTH	Child and	Approximately all Students will be
		Adolescent	able to:
		Psychopathology	differentiate the different
			children's psychopathology
			through its specific symptoms → know the externalizing
			know the externalizing disorder in children and
			adolescents with their
			classification in DSM and
			treatment
			\succ enhance the ability to Learn
			why childhood anxiety is hard
			to detect
			enhance the ability to Learn
			about childhood OCD ➤ enhance the ability to Learn
			about childhood Phobia
			\succ enhance the ability to Learn
			about childhood Separation
			anxiety disorder
			\succ enhance the ability to Learn
			about childhood selective
			mutism
			enhance the ability to Learn about abildhood downsorian
			about childhood depression ➤ enhance the ability to Learn
			about childhood Autism
			\succ enhance the ability to Learn
			about childhood
			Schrizophrenia
			\succ enhance the ability to Learn
			about childhood eating

			disorder ➤ enhance the ability to Learn about childhood learning disability
PSM 404 PSM 415	FOURTH	Cross-Cultural Psychology Therapeutic	Approximately all Students will be able to:> understand the goals of cross cultural psychology and cultural transmission> know about methods of cross cultural research> understand the process of cultural influences on perception, learning, memory and problem solving> know the cultural construction of emotional experiences and categoriesApproximately all Students will be
1 3 1 1 1 3		Techniques	 able to: understand the relationship of client and therapist, course of therapeutic intervention and issues in psychotherapy counsel the patients by approaching psychoanalytical therapy go in deep with Gestalt and existential therapy for patients with emotional problem learn the process of different psychotherapeutic interventions
PSM 411	FOURTH	Positive Psychology	Approximately all Students will be able to: ▶ develop the strategies to enhance happiness ▶ understand the pleasure principle and model of happiness by Seligman and its

			 applied utility enhance Subjective Well-Being (SWB) as experience of affective reactions and cognitive judgments enhance the Happiness in the context of mental or emotional states, including positive or pleasant emotions enhance the Life satisfaction which involves a favorable attitude towards one's life
PSM 417	FOURTH	Practical	Approximately all Students will be able to: ➤ know the cause and effect relationship of different variables while doing practices

Program Outcomes of M. A. (Psychology)

S.N.	Program Outcome
1.	Student would be able to have in depth knowledge about Advanced Biological, Cognitive, Social and Research Methodology and Design
2.	Student would be able to have in understanding about Advanced Statistics, Psychological assessment, Motivation and Emotion and Psychology of personality
3.	Student would be able to have in knowing about Applied Social, Counselling, Health, Psychopathology and Health Psychology.
4.	Student would be able to apply Psychological theories and concepts contemporary Psychological issues.
5.	Student would be able to know Psychology is subject which cover very vast area thus the career opportunities is diverts in terms of specialization
6.	Student would be able to demonstrate the ability to collect, process and interpret data including statistical inference and psychological interpretation

Programme Specific Outcomes of M. A. (Psychology)

S.N.	Programme Specific Outcomes				
	Approximately all students would be able to:				
	use skills in specific areas related to chosen specialization (e.g. cognitive,				
1.	industrial-organizational, clinical, counselling, health, educational, social, community)				
2.	have in ability to connect theory with personal experiences and varied applied settings				
3.	have in develop skills of communication, negotiation, team work, effective presentation, etc				
4.	Commitment to health and wellbeing at different levels (e.g. individual, organization, community, society).				
5.	Tolerating ambiguities and appreciating the limitations of the discipline, and critically analyzing conflicting theories and approaches.				
6.	cultivating an ethical mindset, including a strong work ethic, avoiding unethical behaviours such as data fabrication and plagiarism, being mindful of implications of research using human participants				